Helping Hands of Roseville NEWSLETTER



Fat 2012

February 2020

The Helping Hands Food Pantry of Roseville exists to improve quality of life for Warren County residents by providing assistance to families in need and by developing programs to strengthen families and individuals.



Helping Hands of Roseville Buys a Cargo Trailer!

In order to have food to put on the pantry shelves, loads of goods must be brought in! Up until January 2020 that has been accomplished through the use of various board members' personally owned trailers. A board decision was made to purchase a cargo trailer of the pantry's own. The December 2019



purchase was, in part, financially supported by the Cavins Family Foundation Fund, a fund of the Galesburg Community Foundation. The trailer's maiden voyage was taken to Midwest Food Bank in Peoria in January where it was loaded up with just over 2000 pounds of food. The trailer will also serve as a "produce wagon" in future journeys to River Bend Food Bank where free produce, bread and other items, as well as purchased goods will be picked up.

A sincere thank you goes out to the Cavins Family Foundation as well as others who have donated to Helping Hands for the purpose of continuing the mission of offering food security in Warren County; being able to GET THE FOOD TO THE PANTRY is part of the mission!









757 Individuals including 285 children

To January's Helping Hands Supporters, We Say Thank You

Van & Mary Kay Adkisson Roseville Christian Church Amy Twomey Jay & Tracy Elliott Save A Lot Grocery Store Jerry Shrader Jonna Young Sue Houston Casey's General Store S.Monmouth
Jadyn Dwyer
Chelsea Goad
Jessica Penn
Kevin & Jane John
John & Frances Oneal
Roseville Church of the Nazarene



2019-2020 Officers ident: Grace McCrery

President: Cheryl Britt • Vice President: Grace McCrery Secretary: Deb Johnston • Treasurer: Amy Corman

"Volunteering is Priceless, But It Isn't Free"

Helping Hands relies on the generosity of so many people. Not only do our donors provide funds that enable us to buy food, but we also rely on our volunteers to freely and generously donate their time to this task of feeding the hungry people in Warren County. As the website Independent Sector says, "Volunteering may be priceless, but it isn't free." We know that your time is valuable.

Our volunteers make a very real contribution. We are so grateful that you do! Whether you are giving your time to work in the pantry, to help unload a truck or to serve on the Board, you are providing a valuable service. We thought it might be interesting to tally up the amount of hours that are given to Helping Hands in an average month. These numbers are an estimate for an average month. We know that many of you have worked overtime at the pantry when we needed you! May these numbers help you to realize just how much we value your generously donated time! Pantry sessions are the means we use to distribute food. At a Monday Pantry session, 2 Board members and 2 volunteers work together, donating a total of 16 man hours. At a Thursday Pantry session, 2 Board members and 3 volunteers work together, donating a total of 19 man hours. So volunteers donate about thirty five man hours just to offer pantry sessions.

Administrative work is necessary to make any organization operate. At a Board meeting, 11 Board volunteers meet for several hours, donating about 16 man hours. Our President and Vice President donate an average of 10 man hours, while the Secretary and the Treasurer donate another 38 man

hours. Other administrative work like public relations and fundraising average about 25 man hours. Volunteers supporting Helping Hands by doing the administrative tasks donate about 89 man hours.

Of course, we also have to get the food, unload it and stock the shelves. Volunteers go to HyVee in Macomb twice a month to pick up baked goods. A volunteer goes to River Bend Food Bank in Moline once a week and to Mid West Food Bank in Peoria once a month. We are estimating that our time in picking up food is 90 man hours and we are not even including mileage!

Unloading the trucks is another important job. We receive two deliveries a month. It takes 4 men to unload the trucks, working with two Board

members to make sure we have received the correct products and to guide the food to the correct storage area. Then a volunteer goes on to restock the shelves, in both the storage room and in the pantry itself. Our estimate for these tasks is about 58 man hours. In compiling these numbers, we underestimated all the tasks that we donate to Helping Hands. We couldn't count everything we do in every month. For instance, when we have a large number of clients at a pantry session, a volunteer will make calls and unscheduled volunteers will come in. At each pantry, we have a carefully prepared

outline of the food available and how to distribute it. One precious volunteer writes thank you notes to every donor. We bake for Christmas in the Village. We come in to clean when it's needed. One special volunteer checked the temperature of the walk-in

cooler every day for many months to make sure it wouldn't fail and let food spoil. Recently, volunteers shopped when Helping Hands needed to replace the computer and printer. Another volunteer shopped to purchase a trailer we needed to haul the food.

But, if we just consider the man hours we have listed, we see that Helping Hands gets 272 hours of time donated in an average month. If we paid everyone the current minimum wage of \$9.25, we would have a payroll of \$2,516. Impressed? We are!! Thank you all, we are so very grateful for the time you so generously give to Helping Hands.









To sign up for or discontinue receiving the Helping Hands monthly newsletter, please contact us at HelpingHands.Roseville@gmail.com