



# Helping Hands of Roseville — NEWSLETTER

Est. 2012

December 2019

The Helping Hands Food Pantry of Roseville exists to improve quality of life for Warren County residents by providing assistance to families in need and by developing programs to strengthen families and individuals.

Proud Member Agency



### Numbers for November 2019

214 Family Visits  
790 individuals  
served,  
333 of which were  
children

### Thank you for the Donations

Whether food or funds, your gift furthers the work of providing for to those who desire help in feeding their family. Monetary donations may also go towards rent (a place to serve our guests is a necessity!), maintenance and supply costs (think trash bags, shopping carts, printer paper, etc) or electricity to keep the freezers and refrigerator running, and to turn the lights on.

### November's Supporters:

Quigley's Bar, Maple City Street Machines, Roseville Vet Service, Roseville Christian Church, John Huston, Robert & Mary Lou Delahunt, McIntyre Signs, Rudy & Amy Corman, Karen Starbuck, Dave & Carol Stinemates, Swan Creek United Methodist Women, Sue Huston, Linda Jones, Roseville Ministerial Assoc.



Cheryl Britt accepts a check on behalf of Helping Hands from Jack Wingate and the Roseville Ministerial Association.

Photo by Karen Wingate



### • • • • • No Time Like the Present • • • • •

As we enter the season of giving, consider this: If you don't volunteer during your working years, you probably won't after you retire. Research indicates that while about 75 percent of people who volunteer while working continue their service in retirement, only about a third of people who don't volunteer while working start after retirement. (Stanford Center on Longevity) Overcome "volunteering inertia" be getting involved before you reach retirement. If you do volunteer, you might even feel better! Research shows that volunteers experience less depression, better quality of relationships, increased social interactions and social support, and less loneliness. (Article shared from AAA Living Nov/Dec)

Helping Hands Food Pantry is in need of volunteers. This client-choice pantry serves Warren County residents seeking food security at our facility in Roseville on Mondays from 9 a.m.-noon, and Thursdays, 3 p.m.-6 p.m. In a three hour shift a volunteer accompanies a family member through the aisles as food selections are made. No heavy lifting is required and all service can be done indoors. Perhaps your employer would be willing make a "donation" by "gifting" an employee to the cause one day a month! Perhaps you have been considering giving to your community in a unique way. Many opportunities abound; Helping Hands would so appreciate if you chose to share you precious time with the organization. In this season of giving, please consider giving a gift of your time in the coming new year. For more information on scheduling and the next training session, call Grace at 309-335-3206.

Thank you in advance. • • • • •

*Merry Christmas & Happy New Year to you from Helping Hands Board of Directors*



2019-2020 OFFICERS: Cheryl Britt, President • Grace McCrery, V. President • Deb Johnston, Secretary • Amy Corman, Treasurer

To sign up for or discontinue receiving the Helping Hands monthly newsletter, please contact us at [HelpingHands.Roseville@gmail.com](mailto:HelpingHands.Roseville@gmail.com)